

PS89Q K-1st

Tossing and Catching

Physical Education

Grade: K & 1 **Unit:** 2 **Time Frame:** November & December

Essential Question: Why is tossing and catching in a variety of ways important?



Focus Questions: (What is my child thinking about?)

- What are some leader in me habits that we can use today?
- What is the benefit of having control?
- Explain the cues for tossing
- What is the difference between catching a scarf or a bean bag?

Student Outcomes: (What can my child do after this unit is over?)

- To self toss and catch a scarf by using visual tracking.
- To self toss and catch various objects by using visual tracking.
- To toss an object to a stationary target by performing the proper cues.
- To toss an object to a partner by performing the proper cues.

Performance Tasks: (End-of-Unit task)

- Students rotate through all of the stations safely.
- Students can perform the learned skills at a variety of difficulty levels.
- Students will be able to self assess their strengths and weaknesses for different activities activities learned throughout the unit.

Formative Assessment:

- 1) Assessment at the beginning of each lesson that brings together the previous lesson's teaching points with the current lessons teaching points (Turn and talk).
- 2) Self-assessment throughout the lesson by using a thumbs up (I understand and I know what to do), and a thumbs sideways (I'm not sure what to do please explain further)
- 3) Assessment during the lesson while following the lessons rubric. Will be recorded in the gradebooks.
- 4) Self assessment throughout the activities based on a scale of 1,2, or 3. The iPad will be used to record the data (picture)

Modifications

Kindergarten	First Grade
Visuals by using station cards Demonstration for each new exercise Opportunity of options to increase of decrease difficulty level (Use of scarves or bean bags)	Visuals by using station cards Demonstration for each new skill Opportunity of options to increase of decrease difficulty level (Use of scarves, bean bags, or yarn balls)