PS89Q 4-5 FITNESS GRAM/Soccer
Physical Education

Grade: 4th- 5th **Unit:** 1 **Time Frame:** September – October
Essential Questions: Why is it important to exercise?
Why is teamwork important in the game of soccer?

Focus Questions: (What is my child thinking about?)

- How can I participate in different fitness activities on my own time?
- Why is it important to dribble in soccer?
- Why should we pass the soccer ball to a teammate?
- When is the right time to shoot the soccer ball?
- How to use communication with teammates during game play?

Student Outcomes: (What can my child do after this unit is over?)

- Understand how to engage in different fitness activities outside of school, without the need of equipment.
- Dribble a soccer ball around in a big space, while maintaining control.
- Pass a soccer ball to a teammate, while maintaining control.
- Shoot a soccer ball accurately into a net.
- Communicate with other classmates on their team during gameplay and station activities.

Performance Tasks: (End-of-Unit task)	**Formative Assessment:**
• Students will have participated in the different FITNESSGRAM assessments. • Students will be able to play in a modified soccer game. • Students will be able to reflect back on the soccer unit and describe what skills they excel at and what skills they need to keep practicing.	• Students assessed how tired they were on our perceived exertion scale (1-10 based on how tired they were after engaging in the activity). • Students used the thumbs self-assessment scale to describe how they felt after learning a new activity in the unit (2 thumbs up= I understand, 1 thumb up= I am starting to understand, but need more practice, a fist= I need more help understanding).

Modifications:

4th	5th
• Students will dribble a soccer ball in a big space. • Students will pass a soccer ball to their teammate from a shorter distance. • Students will shoot a soccer ball into an open net. • Students are understanding the rules of soccer, while playing a modified soccer game.	• Students will dribble a soccer ball around different obstacles (cones). • Students will pass a soccer ball to their teammate from a larger distance, with more precision. • Students will shoot a soccer ball into the net with a goalie. • Students are more vocal during game play. • Referee is strict on calls during game play.